



Contact Us

If you would like to become an AONH Member, upgrade to the Elite Membership, or register for our Annual Natural Health Care Conference, please email:

info@aonh.org or call 202-505-AONH (2664)

Upcoming Events

• AONH Monthly Webinar, Wed., July 23, 2014 at 8 pm EST/7 pm CST

AONH Members will receive an email invitation to join us for the AONH Monthly Webinar. Dr.

Elizabeth Palmer, speaks on *“Becoming a Therapeutic Nutritional Counselor: Creating the Shift”*

• (TNC) Therapeutic Nutritional Counselor Course, 2014 dates*

Wis: July 17-19 (Accelerated), Sept 22-26, Oct 27-31, Canada: Aug 27-30 Utah: Sept 8-12, Oct 13-17, GA: Nov 3-5 (just before the AONH Conference)

• (HHP) Holistic Healthcare Practitioner Certification Course, 2014 dates*

Utah: Sept 15-17, Wis: Sept 30-Oct 2

** Courses require from 2-4 months of preparatory reading, study modules, and assignments prior to the hands on training. Course sign up deadline is fast approaching. Contact: 262-629-4301 or education@karensenergy.com*

• AONH Annual Natural Health Care Conference, Nov. 6-8, 2014

“Living Up to Our Full Potential”-Douglasville, GA

The AONH Annual Conference joins health care advocates and providers for an enlightening program geared to the up-to-date natural health care practitioner. Registration for the event is normally \$350. AONH ELITE MEMBERS \$240, SELECT MEMBERS \$280, ASSOCIATE MEMBERS \$315, NON-AONH MEMBERS \$350. Registration is required.



ISSUE

09

JULY
2014

QUARTERLY
JOURNAL OF THE
ASSOCIATION OF
NATURAL HEALTH

AONH NEWS

this issue

Share with the world **P.1**

Upcoming Events **P.4**



The Mission of Your Association

AONH is dedicated to public education and the professional development of natural health care around the world. Our aim is to unite our like minded members and speak as one voice and with one purpose.

Getting Involved
Associate, Select, and Elite Memberships are available.

For further information on benefits you or your company can receive, please register for membership by visiting: www.aonh.org

“By educating we share with the world” -Sam Abukittah, President

People are continually seeking ways to live happier, healthier, and more meaningful lives. To this end, more and more people are opting for alternative medicine options as opposed to simply going the western medicine route.

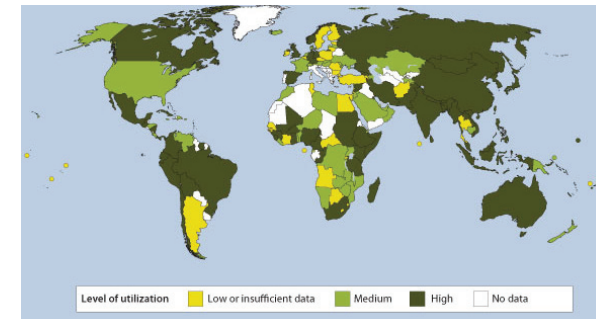
At the Association of Natural Health, we are dedicated to promoting sustainable health, and freedom of choice in healthcare, through good science and good law. Our objective is:

- To protect the right of natural health practitioners to choose what care they will offer their patients.
- To protect the right of consumers to choose the healthcare options they prefer.
- To achieve a broader, more accessible marketplace for natural products that will improve the quality of life for consumers worldwide.

Keeping Traditional Medicine as a Viable Health Option Around the World

Often natural medicines are known, or referred to as, “traditional medicines”. This term implies substantial historical use. This is certainly true for many products that are available as ‘traditional herbal medicines’.

In many developing countries, a large proportion of the population relies on traditional practitioners



(as shown in the above graphic), and their plethora of medicinal remedies and plants, in order to meet health care needs.

In 1992, the Western Pacific Regional Office of the World Health Organization (WHO) invited a group of experts to develop criteria and general principles to guide research work on evaluating herbal medicines (WHO, 1993). This group began to officially recognize the importance of herbal medicines to the health of many people throughout the world, stating: ‘A few herbal medicines have withstood scientific testing, but others are used simply for traditional reasons to protect, restore, or improve health.’

Although modern medicine may co-exist with such traditional practices, natural medicines have often maintained their popularity for historical and cultural reasons. Such products have become more widely available



108 Buchanan St. N.
Bremen, GA 30110
ph 202-505-AONH
info@aonh.org
www.aonh.org

AONH NEWS Issue 09 July 2014

HOW
DO YOU
JOIN THE
AONH?

Act today!

Email us at
info@aonh.org
or call
202-505-AONH
(2664)

Your member-
ship is yearly and
entitles you to
many benefits.

PRINCIPALS

Sam Abukittah
Founder &
President

James Hawver,
Co-Founder

Camille Carlson
Publicity Director

commercially, especially in developed countries. In this modern setting, ingredients are sometimes marketed for uses that were never contemplated in the traditional heal- ing systems from which they emerged.

Determined to Stay on Track

AONH is willing to spend as many years as needed to bring natural medicine, and its amazing benefits, to the world; to men, women and children who, without this often



unknown resource, might experience a very difficult life.

What's needed is to devote the necessary time and atten- tion to research, education and increasing public aware- ness. The scene of herbal medicine, for example, is con- stantly changing and evolving. Physicians need to become aware of the health benefits, risks, and uses of these herbs so they can educate their patients and the public in gen- eral. Through effective partnerships with other foundations, corporations and governments, on the local, national, and international level, we are helping, and will help people around the globe to learn how to take control of their health through education.

On a national (United States) scale we are very proud to be underwriting educational programs that are designed to further capacitate and empower natural health care profes- sionals. They raise the bar, so to speak, in our community. We are extremely proud of all of those who have availed themselves of these educational opportunities:

Therapeutic Nutritional Counselor (TNC)

This course is offered in Wisconsin, Georgia, Utah, Florida, California and Canada. With 40 hours of video training and five days of classroom training, attendees end up with an amazingly well-rounded understanding of natural healing modalities, diets, energy medicine, detox modalities, can- cer and chronic disease prevention, utilization of vitamins, minerals and supplementation, GMO's, EMF's, anatomy and organ function, hormone imbalances, and heavy metal issues, superfoods and longevity as well as weight loss.

Holistic Healthcare Professional (HHP)

This course is taught on an ongoing basis in Utah, Wisconsin and Georgia. It provides natural health care professionals with the further accreditation and education they need to be taken seriously by patients and also by dis- tributors, labs and the like.

With regard to the international perspective, Saudi Arabia is one of the United States' largest trading partners in the Middle East. According to the latest report of Doing Business (DB), the country ranked 13th globally and main- tained its "first place" position in the region when it came to the "Ease of Doing Business". This open minded and forward thinking attitude and ability does not stop with busi- ness. Saudi Arabia is also extremely thirsty for comple- mentary health alternatives and is wide open to adventure into this community and market.

The AONH is proud to be shepherding the Saudi market through this stage of growth through public awareness and business development. For example, James Hawver, Co-Founder of the AONH recently spoke at a very large and well respected main stream medical conference (The First International Oncology Conference in Abu Dhabi, UAE). Sam Abukittah, President of the AONH, made limit- less contacts with key Middle Eastern doctors and hospi- tals including the doctors from Saudi Arabia shown to the left. These two men, along with a team of AONH member doctors, were connecting and educating people about the exciting possibilities that are available to them with natural health care technologies. Think about how much our mes- sage will impact health care in just these countries. The AONH is endeavoring to duplicate these efforts, as well, in the regions of Jordan, Egypt, Syria, United Arab Emirates, Qatar, and Bahrain, Turkey, and crucial European coun- tries.

Numerous educational trips have been made introducing our holistic concepts to doctors, pharmacists, corporate leaders and other professionals in these regions. They are fascinated, especially when it comes to curbing cancer cell growth, and have partnered up with the founders of the AONH for numerous conferences and educational calls on the subject. The bottom line is that we are raising the awareness in these regions which is, and will be, key to the implementation of complementary medicine in their health and health care systems.

Going Forward As always, the AONH oper- ates with the highest standards of accountability and ethics. We continue to strive to provide up-to-date natural health information, resources and education to health care provid- ers as well as their clients.

We will not cease to warn our members of the corporate, governmental, and mass-media hype that cloud people's perception of natural healthcare, and in many cases, nudg- es them towards health care that leads them straight to an early grave. Our quarterly newsletters, monthly webinars and our Annual Natural Health Care Conference reflect this mindset and this oneness of purpose.

We strive to help people around the world by creating conditions for everyone, every day, everywhere to have the best opportunity to have a full, healthy and thriving life; to live the longest life possible, no matter where they are from. Like us, they are looking for relief and alternatives to the health problems.-END

Enjoy Your AONH Community
Attend the ANNUAL AONH Natural Health Care
Conference "Living Up to Our Full Potential"

AONH Annual Natural Health Care Conference
November 6-8, 2014

Join this fascinating group of natural health care professionals, and those who are seriously interested in natural health care, for an intensive 3-day conference complete with our new Vendor Pavillion. The Pavillion allows attendees to "try out" new modalities and products as well as meet industry personalities, authors, and leaders. The program will be centered on the latest advances in natural health care as well as the battle to keep it available to all who choose to utilize it!

Where is the conference?

Douglasville Conference Center
6695 Church St., Douglasville, GA 30135
(A short drive west of Atlanta just off of I-20 West)

How much to attend?
As a member of the AONH you are
eligible for special savings!
\$240 for Elite AONH Members
\$280 for Select AONH Members
\$315 for Associate AONH Members
\$350 for a non-member

- Price includes a healthy daily lunch
- Healthy Morning Smoothies will be served daily to registrants, at no charge
- A well stocked vitamin and herb bar will be avail- able to you at no charge during breaktimes for your enjoyment
- AONH Elite & Charter Member attendees are eligible for daily prize giveaways
- You are eligible for event giveaways (valuing thou- sands)
- Vendor booths will be available for your perusal at break and lunch times.

Program highlights to date

- "Looking beyond standard western medicine; Potentializing our client care"- James Hawver, Naturopath
- "Preserving the aging brain"-Ellie Campbell, D.O.
- "Handling emotions: when usual techniques fail"- Peter Bauth, DC
- "The four pillars of potential living. 1. anti-oxida- tion. 2. detoxification. 3. alkalization. 4. spiri- tual balance."-H. Joseph Holliday, MD and EDS Technician

- "Train your brain for success"-Roger Seip, Author, Speaker and Personal Development Trainer
- "What your hair says about you-nutritional inter- relationships In hair mineral patterns"-David Watts, President of Trace Element Labs, D.C., Phd.
- "Dealing with compassion fatigue"-Dr. Abdel Rahman Alkhalouf
- "AONH clinical spectra cell analysis trial update"- Jeff Essen, NMD and Dr. Abdel Rahman Alkhalouf
- "Current potential of cancer early detection methods"--Dr. Ahmad Athamneh
- "Doctor's panel"-Guided by AONH Director of Publicity Camille Carlson

Hotel Options
Special Rates for AONH attendees
available at the:

Hampton Inn, 6371 Douglas Blvd., Douglasville, GA 30135, 770-577-2110, \$79 +tax, Booking Code: 80625328

Holiday Inn Express, 7101 Concourse Pkwy,Douglasville, GA 30134, 866-920-9228, \$82+ tax

Sleep Inn, 7055 Concourse Pkwy.,Douglasville, GA 30134, 866-920-8880, \$57.50 + tax

La Quinta Inn & Suites, 1000 Linnenkohl Dr., Douglasville, GA 30134, 770-577-3838, \$64 + tax



Register: email geri@aonh.org or call 202-505-AONH